GOVERNMENT OF INDIA
AYURVEDA,YOGA & NATUROPATHY,UNANI,SIDDHA AND HOMEOPATHY (AYUSH)
LOK SABHA

UNSTARRED QUESTION NO:2651
ANSWERED ON:17.03.2017
Imparting Education inYoga and Naturopathy
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Will the Minister of AYURVEDA,YOGA & NATUROPATHY,UNANI,SIDDHA AND HOMEOPATHY (AYUSH) be pleased to state:

Will the Minister of AYURVEDA, YOGA AND NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY (AYUSH) be pleased to state:

(a) the number of schools/institutes imparting education in Yoga and Naturopathy including Yoga and Naturopathy Chikitsa Kendras running at present in the country, State/ UT-wise;

(b) whether the Government proposes to set up Yoga Kendra and Naturopathy Centre in various parts particularly in rural areas of the country, if so, the details thereof, State/UT-wise;

(c) whether the Government has made any assessment regarding the interest of people towards Naturopathy and Yoga and that it has registered an increase during the last three years and if so, the details and findings thereof indicating the names of diseases which are likely to be treated through the said system;

(d) whether the Government has taken initiatives to include Yoga in the school curriculum and if so, the details thereof;

(e) whether the Government has received complaints regarding a number of unqualified /unauthorised persons/centres giving yoga training and naturopathy practice resulting in various health issues, if so, the action taken by the Government in this regard and monitoring mechanism put in place to regulate yoga and naturopathy centre in the country; and

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(f) the details of initiatives taken by the Government to promote and ensure the standardisation of Yoga and Naturopathy in the country along with funds allocated during the last three years, State/UT-wise?

Answer

ANSWER
THE MINISTER OF STATE (IC) OF THE MINISTRY OF AYURVEDA,
YOGA & NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY
(SHRI SHRIPAD YESSO NAIK)
(a):
(i) There are 03 institutions under the Ministry of AYUSH, which are imparting education in Yoga and Naturopathy including Yoga and Naturopathy in the country :-
(a) Central Council for Research in Yoga & Naturopathy (CCRYN), 61-65, Institutional Area, Janakpuri, New Delhi − 110 058
(b) Morarji Desai National Institute of Yoga (MDNIY), 68, Ashok Road, New Delhi -110 001
(c) National Institute of Naturopathy (NIN), Bapu Bhavan, Tadiwala Road, Pune, Maharashtra - 411001
â€¢ There are some colleges/ universities which are running various courses of Yoga (Annexure-A).
â€¢ In addition, there are some institution/ colleges running degree course of Yoga & Naturopathy (Annexure-B).
Further, University Grants Commission (UGC) identified the following Central Universities to start the Yoga Department and courses on Yoga from the academic session 2016-17:
a. Hemwati Nandan Bahuguna Garhwal University
b. Visva Bharati, Shantiniketan
c. Central University of Rajasthan
d. Central University of Kerala
e. Indira Gandhi National Tribal University
f. Manipur University
There are 08 OPDs run by CCRYN, which provide Yoga therapy to the patients (Annexure-C).
NIN is conducting a Naturopathy & Yoga OPD at its HQ office. Apart from this, they are also running a Sanatorium for HIV+ve persons as an IPD at Panchagani, Dist. Satara.
(b): (i)CCRYN is in the process of establishing Yoga and Naturopathy institutions in the country; which are as under :-
(1). Establishment of 02 Post Graduate Institutes of Yoga and Naturopathy Education and Research (PGIYNER) with 200 bedded

Yoga and Naturopathy hospital at Jhajjar, Haryana and Nagmangala, Karnataka. Details are at Annexure 'D'.
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(2). Establishment of 5 CRIs in different States of the country along with 100 bedded indoor hospital facilities to carry out in depth research studies to establish the efficacy of Yoga and Naturopathy in various remedies. Details are at Annexure 'E'.
(ii). The Ministry of AYUSH has approved a proposal to establish Naturopathy Hospital, Medical College, Research Unit and Gandhi Memorial at new site Kondhwa, Pune under NIN.
(c): The Ministry has not made any assessment regarding the interest of people towards Naturopathy and Yoga.
However, there is a general trend that there is an increase in the number of people registered for Yoga & Naturopathy during last three years. Further, the diseases like digestive disorders, respiratory disorders, skeleton muscular disorders, skin disorders, non-communicable diseases such as diabetes, hypertension, cardiovascular problems, etc. are treated through Naturopathy & Yoga.
(d): National Curriculum Framework (NCF), National Council of Educational Research and Training (NCERT) 2005 recommended Yoga as an Integral Part of Health and Physical Education. Health and Physical Education is a compulsory subject from Class I to Class X and optional from Classes XI to XII. According to National Curriculum Framework 2005, "the entire group Health and Physical Education and Yoga must be taken together as a comprehensive Health and Physical Education Curriculum, replacing the fragmentary approach current in schools today. As a core part of the curriculum, time allocated for games and for yoga must not be reduced or taken away under any circumstances". Further, they have already developed integrated syllabi on Health and Physical Education from Class I to Class X. The syllabus is available on NCERT website www.ncert.nic.in. The content of Yoga has been included from Class VI onward. It also prepared separate syllabus on Yoga from Upper Primary to Secondary Stage.
NCERT has brought out the following two textual materials for Upper Primary (VI toVIII) and Secondary Stages (IX & X):
(i) Yoga: A Healthy Way of Living (Upper Primary stage) and
(ii) Yoga: A Healthy Way of Living (Secondary Stage)
NCERT organised Yoga Olympiad from school to National Level from 18th to 20thJune, 2016.
(e): No such complaints are reported in the Ministry. As on date, there is no Central legislation for regulation of education and practice of Yoga & Naturopathy
(f): Government has constituted a National Board for Promotion and Development of Yoga & Naturopathy (NBPDYN), which will also look into the standardization of education & practice of Yoga & Naturopathy. No specific budget has been allocated in this regard.